

運用藝術媒體於女性戒毒治療

路德會青欣中心fiona及winnie

怎麼樣的吸毒/女性?

無知
情緒化
internalization
癩?
墮落

感情用事
依附
passive
受人擺佈

Social discourse

- Media
- Professional discourse

Power and Resistance

- “Rebellious behavior” + “Emotional behavior”
- robbing
- Taking drugs
- smoking
- away home
- causal sex
- self harm

Me and body/ image

- “Socially constructed body/image”?
- (the “must” life stage in different gender)
- “uncontrolled body/image”
- “The expected image of young women”?
- (both in age and gender)
- 乖巧
- 斯文
- 順服
- 聽話
- 瘦

Agency and autonomy

- Because of the power come from the society
→ oppression of their agency, body and self image
- Drug as a form of autonomy and personal agency

Try 2 Main Direction:

1. Deconstruction and Self Awareness
2. Emotion Release

Three Main Theme:

1. Me and Body
2. Mother Daughter Relationship
3. Life and Death

Theme 1: Me and Body

Theme 2: Mother Daughter Relationship

Mother Daughter Relationship

- "Co-dependency"?
- Mother as supporter?
- Or..
- Kind of oppressor?



Art Therapy

- *"Art Therapy uses art as a means of personal expression to communicate feelings, rather than aiming at aesthetically pleasing end products to be judged by external standards"*
- When art as "medium" in social work context

Art as..

- Expression
- Active imagination
- Space
- Container
- Self exploration

When Art x Intervention

- Collective experience and supportive atmosphere in group (e.g. appreciation, rituals, gifts)
- Case work follow up (space for "secret experience", plots for storyline making and action)