

# Family Centered practice – across the services report-back on Family Centred Care in Context 2009 Conference cum Study Visit in Canada

Hong Kong Experience – Service for People with Disability  
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# About Fu Hong Society

- incorporated in 1977
- operates over 40 service units
- provides day, residential & community services for persons with intellectual disabilities
- in 1997, extends services to persons with psychiatric disabilities

# Services for Persons with Intellectual Disabilities

- 1) **Day Training and Vocational Rehabilitation Service** – Day Activity Center, Workshop/Integrated Vocational Rehabilitation Center, Supported Employment.
- 2) **Residential Service** – Care & Attention Home, Hostels..
- 3) **Community Support Service** – District Support Center for Persons with Disabilities (DSC), residential respite services, Holiday Care etc..



# Services for Persons with Psychiatric Disabilities

- 1) **Vocational Rehabilitation Service** –  
Workshop/Integrated Vocational Rehabilitation Center,  
Supported Employment..
- 2) **Residential Service** – Halfway Houses
- 3) **Community Support Service** – Community Mental  
Health Link, community Mental Health Care Services,  
Aftercare Service for Dischargees of Halfway Houses

# Services for Persons with Special needs

- 1) **Hin Dip Center** – provides clinical and support services to persons with Autism, Learning Disabilities and Asperger Syndrome
- 2) **Sensory Integration Therapy Service**
- 3) **Clinical Psychological Service**

- Is Fu Hong Society practicing Family Centered Service ?

Yes

How ?

# Assumptions

- Parents know their children best, expert in taking care of them
- Parents are resourceful in managing their children
- Partnership relation ie. Advocacy, Consultation
- Residential Care is not a substitute for family care



# Practice

- 1) Individual Rehabilitation Development Plan (IRDP) Case Management Approach –
  - collect expectations and needs of clients and their parents/ family members
  - link up resources to help the clients and their parents / family members to develop the potentials and meet their needs



- parents/ family members presented in the IRDP case conference to give views. Get consensus before formulation of IRDP.
- case and progress reports, meeting minutes will be given to parents / family members for monitoring.

# IRDP Case Management Approach in DAC cum Hostel

**Two Social Workers as Case Managers of 50 service users.**

## **Scope of Responsibility of IRDP case manager**

- IRDP chairperson
- Social Work Caseworker (including challenging behaviors)
- Supporting and Supervising PWs (DAC and Hostel) in the planning, implementation, monitoring and evaluation of IRDP.

## 2) Parents participated in the Management

2.1) **Agency level** – Chairman of each Regional Management Sub-committee (RMS) appointed to be the Management Committee members.

2.2) **Regional level** – parent representatives of service units formed the Regional Management Sub-committee. The Chairman is elected by members.



## 2.3) Service Unit level –

2.3.1) Service unit has its own parents group meeting or Parent Committee. Parents elect their representatives to be the RMS members.

2.3.2) other groups /committee formed to give advice to service unit : 膳食小組、安全及服務質素委員會 etc..

# Parent Participation in Fu Hong Society



Management Committee

Regional Management Sub-committee

Service unit parent group meeting/  
Parent Committee

## 3) Support services to Family

### 3.1) Community-based Integrated Services -

Residential respite service, temporary day service, Care & Attention Home day service, Holiday Care, Summer Attachment Program and 天倫居 (ie. to facilitate parents to enjoy a short stay with their adult children in our service unit)

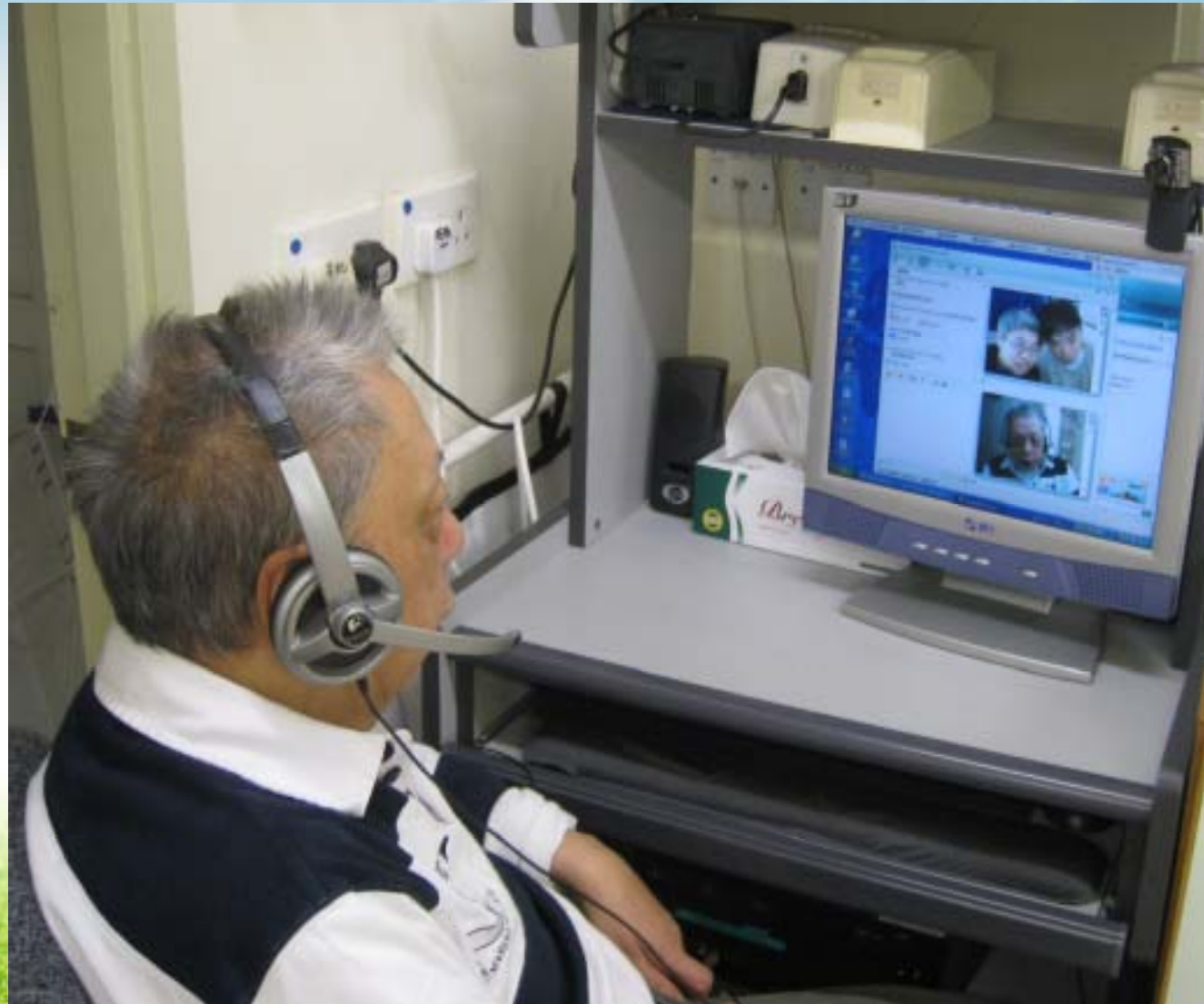


# 天倫居



## 3.2) Cyber Care –

to facilitate  
closer link  
with family  
with web-  
based  
view camera



3.3) Flexible home leave arrangement

3.4) work with the second generations – client's siblings :  
siblings support group and joined the Parents/ sibling  
group for MH project of Hong Kong Family Institute in  
2008



### 3.5) District Support Center for Persons with disabilities (DSC)

- Wide range of supports for persons with disabilities and their families living in the community
- family centered approach in DSC – case of Peter: to strengthen the family

# Parent to Parent Support

## 1) Service unit parents group meeting







## 2) Fu Hong Parents Association



# Achievements

- 1) Better understandings to the family, greatest benefits to the client
- 2) Increased satisfaction of care
- 3) Consolidated mutual trust
- 4) Transparency in service provisions

# Limitations

- 1) View on the disabled individual than the family as a whole
- 2) Draw resources from family to help the disabled individual, may neglect family needs.
- 3) Refer out to IFSC if statutory/complicated problems or multiple needs encountered

# Suggestions

- 1) Staff development for enhancement of systemic and strength perspectives
- 2) Explore possibility to re-integrate the services to provide family service for families with disabled individual
- 3) More discussion forums needed

Thank you