

**Harm Reduction**

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**Personal Reflection on HR**

- Threatening
- Skeptical
- cannot accept drug taking serve some positive function
- Value
- Aims
- Target
- Intervention Mode
- Way Forward

**Play Safe** Background

- **Change of Drug Culture**
  - Recreational Drugs / Party Drugs - Recreational Drug User
  - Normalization in the youth culture
  - Accessibility (Drug Network )
  - Drug Administration

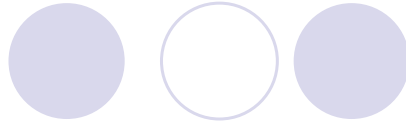
We decide moving from street to disco

**Play Safe** Disco / Rave Party Experience

- **Disco / Rave Party Experience**
  - 1st phase : Traditional Drug Education
  - 2nd phase : Dancesafe
  - 3rd phase : Health orientated

**DanceSafe**  
Promoting health and safety within the rave and nightclub community.

*Play Safe*



- Traditional drug education
  - Deny / Reject / Ignore/ Refuse
- Copy from Dancesafe
  - Pill Test ❌
  - Dosage ❌
  - Safety Measure
  - Safety Setting

*Play Safe*

Safety Measure / Setting



- Safety Measure
  - Rest Time
  - Drinking Water
  - First Aids
- Safety Setting
  - Cool Promoter



## Cool Promoter

- Provide free and accessible cold drinking water.
- Have adequate ventilation and/or air conditioning.
- Have a separate chill-out room with comfortable seating.
- Don't overcrowd your venues. Take steps if areas get too crowded.
- For indoor events, provide secure and efficient coat check services (coats increase heat stroke potential).
- Have at least one staff member present who is trained and qualified in basic first aid.
- For parties over 500 people, have present a licensed and equipped EMT or paramedic on duty.



## Cool Promoter (con't)

- Have a private medical room or tent where emergency cases can be dealt with.
- Make available free harm reduction literature about drug use, safer sex, driving home safely, preventing heat stroke, and other safety issues. (You can [order literature](#) directly from DanceSafe.)
- Allow harm reduction organizations free entry to distribute literature and provide drug abuse prevention services.
- Have a clearly displayed policy about searching.
- Maintain the right to search patrons' outside clothing, pockets and bags.
- Don't allow entry to any patron who refuses to be searched.
- Enforce age limits when applicable.

## Details of the Safety Measure

- To drink about a pint of water every hour (2-4 cups). Sip water slowly rather than drinking a lot all at once, as this can be dangerous.
- Try and eat something salty or drink juice or isotonic sports drinks like Gatorade.
- Take breaks from dancing and allow your body to cool down
- Wear loose-fitting clothes and don't wear a hat. Wearing a hat keeps the heat in.

For Drug User : not applicable to the local context  
For Worker : cannot deliver our work

## Health orientated

- Two core components
  - Insider / within the community
  - Health oriented

Non labeling

Low threshold

Client centered

Expand and enrich HR



## Basic Value

- Humanistic / Client centered
- Accept the drug users and their culture
- Accept their choices (here and now )
- Accept drug rehabilitation is a life long process, HR is part of the possible intervention before drug rehabilitation
- Fact and accurate

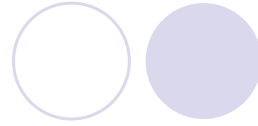


## Aims

- Connect the drug user
- Maintain a basic functioning / health of the drug abuser / at least not to deteriorate
- To Open the platform to talk with the drug issue
- To increase the possibility for further treatment
- Shorten the seek help period



## Targets



- Who should receive the HR
- Persons who are habitual drug taking but not decide to quit at this moment

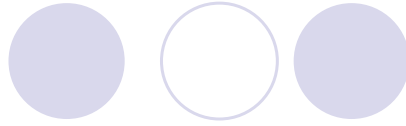


## Intervention



- Case/Group work level :
    - **Sensitive to their drug / drug taking behavior induced health issue / needs : eg. before and after / overnight / possible drug induced danger in the her/his perspective / emotion / loss of job/ lack of replace activities.....**
    - **Teach them some techniques to release some health problem**
    - **Teach them some possible dangerous and step for tackle and seek help**
    - **Keep checking their health situation**
- Service : useful souvenir :wet tissue / candy /escort service / water /clean towel / health food / health check not only for drug rehabilitation**

*Play Safe*



● Community Level:

- community partner
- understand what we are doing

*Play Safe*

Core element



- Moral ✘
- Social Control ✘
- Threatening ✘
- Understand their culture
- Respect / Accept to their choices
- Educate accurate drug information and possible danger
- Listen to their needs and cater their needs without condition
- Clear the possible obstacle to access the service





## Difficulties

- Role of Social Worker  
Morale / education / Social Control .....
- Role conflicts
- Who own the community
- Confrontation vs. acceptance
- Assessment
- The effect on the youth community
- Legal issue
- Partners
- Debate of controlled user



## Way Forward

- Regular body check Up in the community :  
(engagement /assessment / motivation )
- Develop valid risk assessment tools
- Clear the obstacle and encourage seek help
- Clear the moral judgment and encourage seek help
- Before treatment there should have more choices, eg cooling place