

3.3 (home & related program)

Shisei Gakuen

A complex of residential homes and community support services :

a. Residential homes :

1. Nursing home

- capacity : 60
- 34 single rooms ; 13 double-rooms
- provides personal care and meals

2. Special Nursing Home

- capacity : 150
- caters for the level-1 at least & also 10 demented
- provides nursing care, personal care & meals



3. Independent Living section

- 50 single rooms**
- nursing, rehabilitative and other services can be provided from other sections of the complex when needed.**

4. Group Homes for demented elders

- for mildly demented elders , 10/home**
- totally running 9 homes**
- personal care, PT, OT , meals and nursing service (if necessary) are provided**



b. Community Support Services

- 1. Day Care Centre**
- 2. Home Help Service**
- 3. Clinic**

Reference drawn

- a. The complex as a whole:**
 - 1. All sections in the complex are connected. Integration of services is wisely practiced.**
 - 2. Economies of scale, sharing of manpower and resources.**
- b. Group Home for Demented Elders :**
 - 1. Small no. of residents (10 only) makes it more home-like, with more human touch.**
 - 2. Drawback : If resources were not shared as in this complex, the running costs can be very high.**







3.4 Tachikawa City Office & Programs for the Elderly

- A private sector
- Acts as a Service Provider under LTC System and it runs mainly community-based services:
 1. Care-plan Centre (by Care Manager)
 2. Home Care Service
 3. Day Service Centre
 4. Home Help Service Centre



Care Management System

- One of the key policy of Japan's LT CI
- A professional service to coordinate different services provided by different providers within a limit of allocated budget
- The benefit includes not only non-medical services (like home help service) but also medical services such as visiting nursing services
- The cost of care manager is borne by LT CI



Who are the Care Manager?

- Professional (doctors, nurses, social workers, PTs etc) with 5 years of experience
- Non-professional (such as home helpers) with 10 years of experience
- Attend the Written Qualification Exam
- Those who passed the exam should receive 32 hours intensive and practical training



What are their tasks?

- On-site survey and filling in the uniform Survey Form
- Care management to the user, e.g. making a care-plan, coordinating service providers, and monitoring users' services and claims
- Caseload: 50/month





Thank you

