

Evidence Based Practice in Youth Work

Dr Eric Chui

Description



What is Evidence-based Practice (EBP)?

- The relationship between **knowledge** and **practice**
- Reasons for the Gap between K and P
 - i) Lack of knowledge
 - ii) Difficulty in implementing principles of effective practice
 - iii) Access to up-to-date knowledge

What is Evidence-based Practice (EBP)?

EBP 'encourages social workers to use **empirically tested** methods of helping to formulate their reasoning and to **evaluate** their own work **rigorously**' (Munro, 1998, p. 23)

Three Strands of Evidence-based Practice

- The **empirical** orientation
- The **pragmatic** orientation
- The **research-minded / research-aware** orientation

Process of Evidence-based Practice

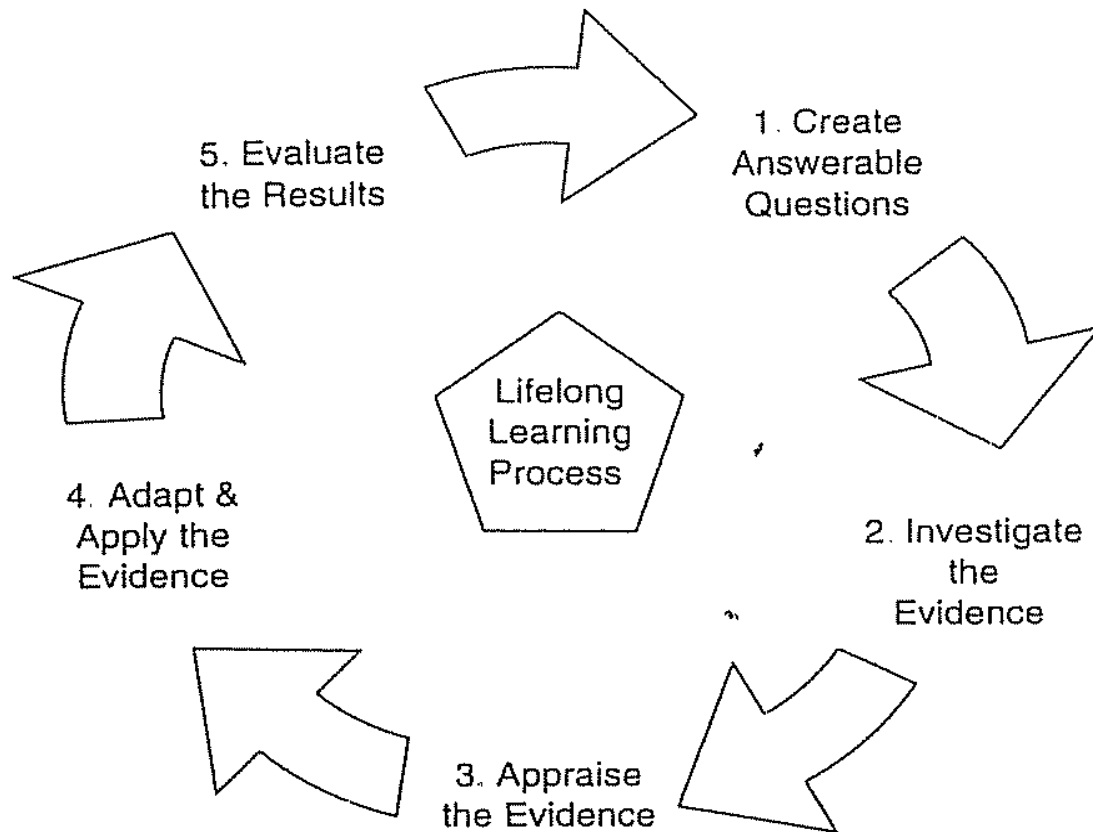


FIGURE 2.1 Process of evidence-based practice.

Create Answerable Questions

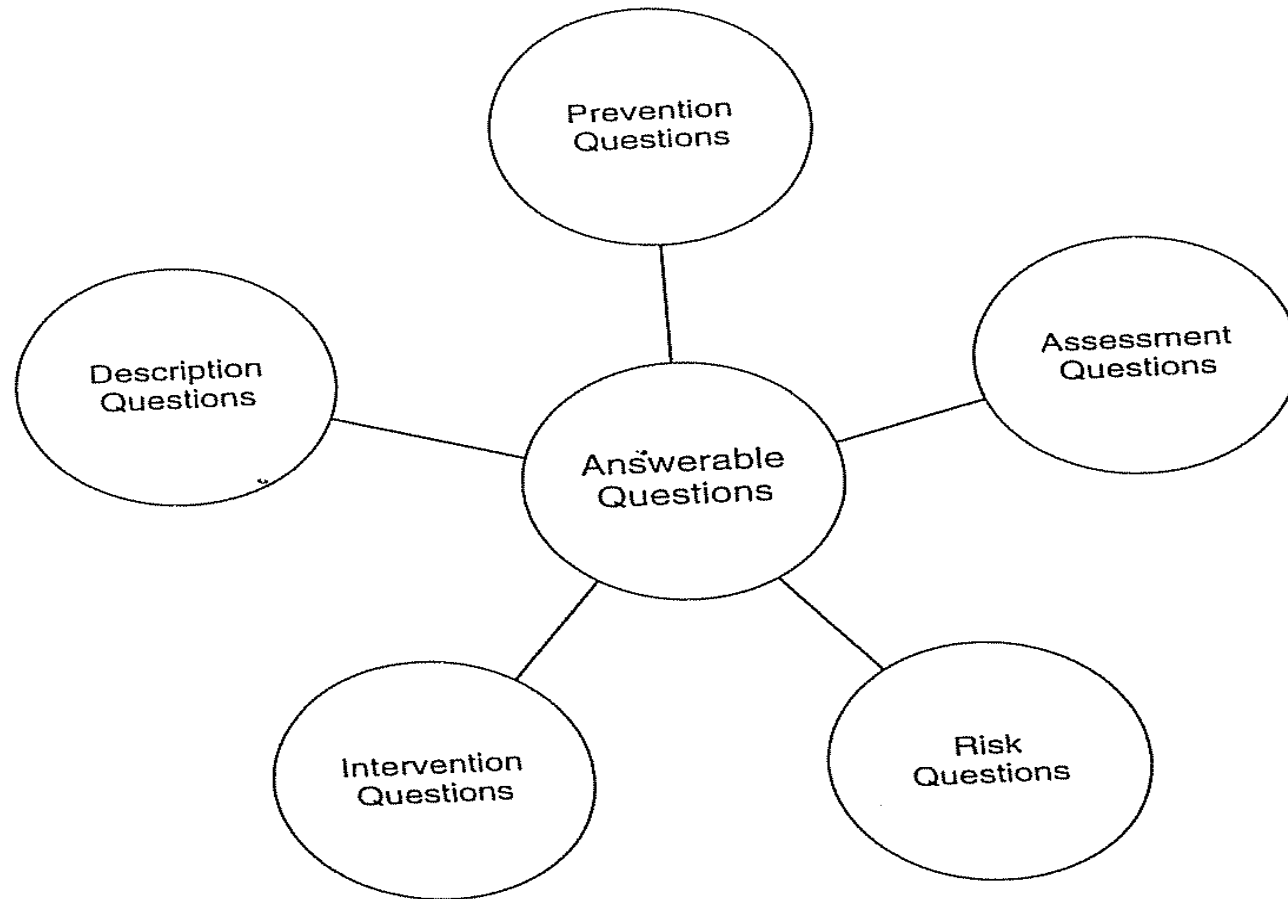


FIGURE 2.2 Five types of answerable questions.

Investigation of Evidence (I)

- “Efficiency” – being able to do something with a minimum of time and effort
- “Effectiveness” – being able to find the evidence that they are looking for
- How?
 - Electronic database
 - Scholarly text
 - journals

Investigation of Evidence (II)

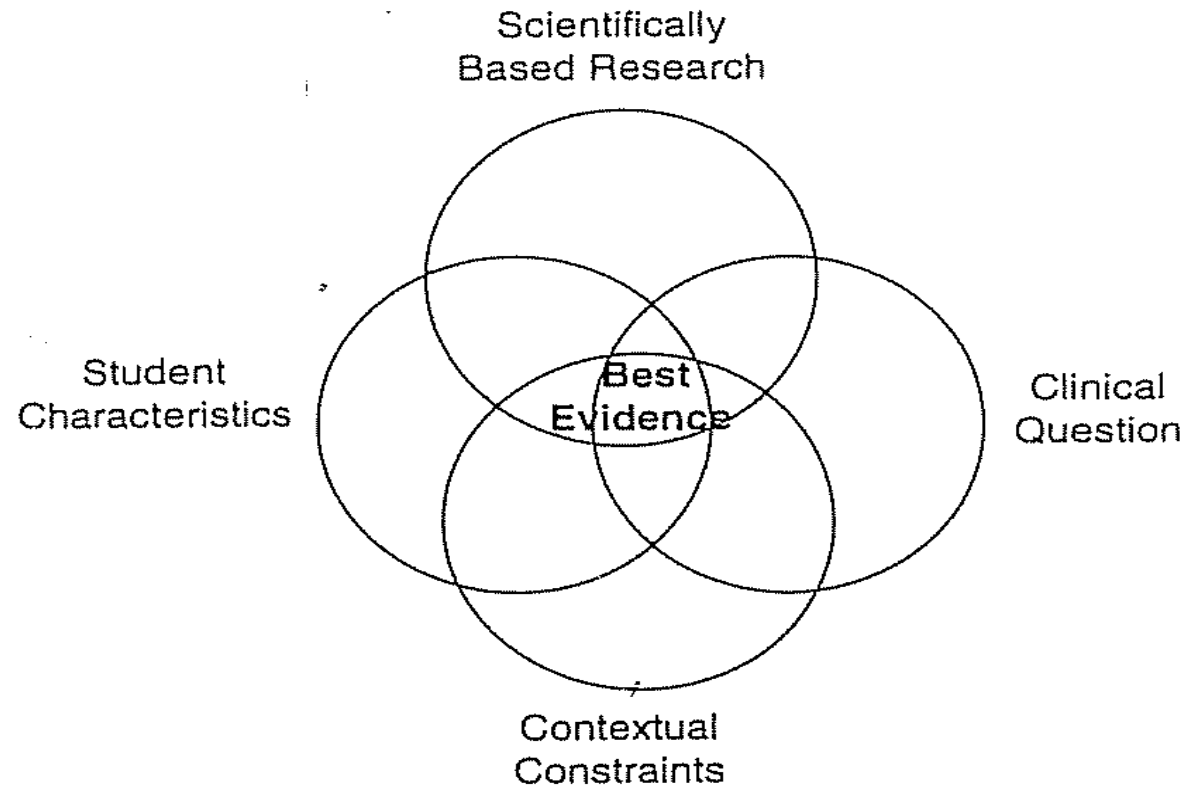


FIGURE 2.3 Four components of best evidence.

Examples of well-known clearinghouse

- The Campbell Collaboration

<http://www.campbellcollaboration.org/>

- The National Registry of Evidence-Based Programs and Practices compiled by the Substance Abuse and Mental Health Services Administration

<http://nrepp.samhsa.gov/>

[Find an Intervention](#)[Reviews & Submissions](#)[Learn More](#)

NREPP is a searchable online registry of **more than 180 interventions** supporting mental health promotion, substance abuse prevention, and mental health and substance abuse treatment. We connect members of the public to intervention developers so they can learn how to implement these approaches in their communities.

NREPP is not an exhaustive list of interventions, and inclusion in the registry does not constitute an endorsement. ([More about NREPP](#)).

Basic Search

Advanced Search

View All

Find an Intervention

Use the keyword search below to find interventions reviewed by NREPP.

Seeking Something Specific?

In the [advanced search](#), you can enter more criteria to tailor your results. Or, you can [view a full list](#) to see a full list.

Critical Appraisal

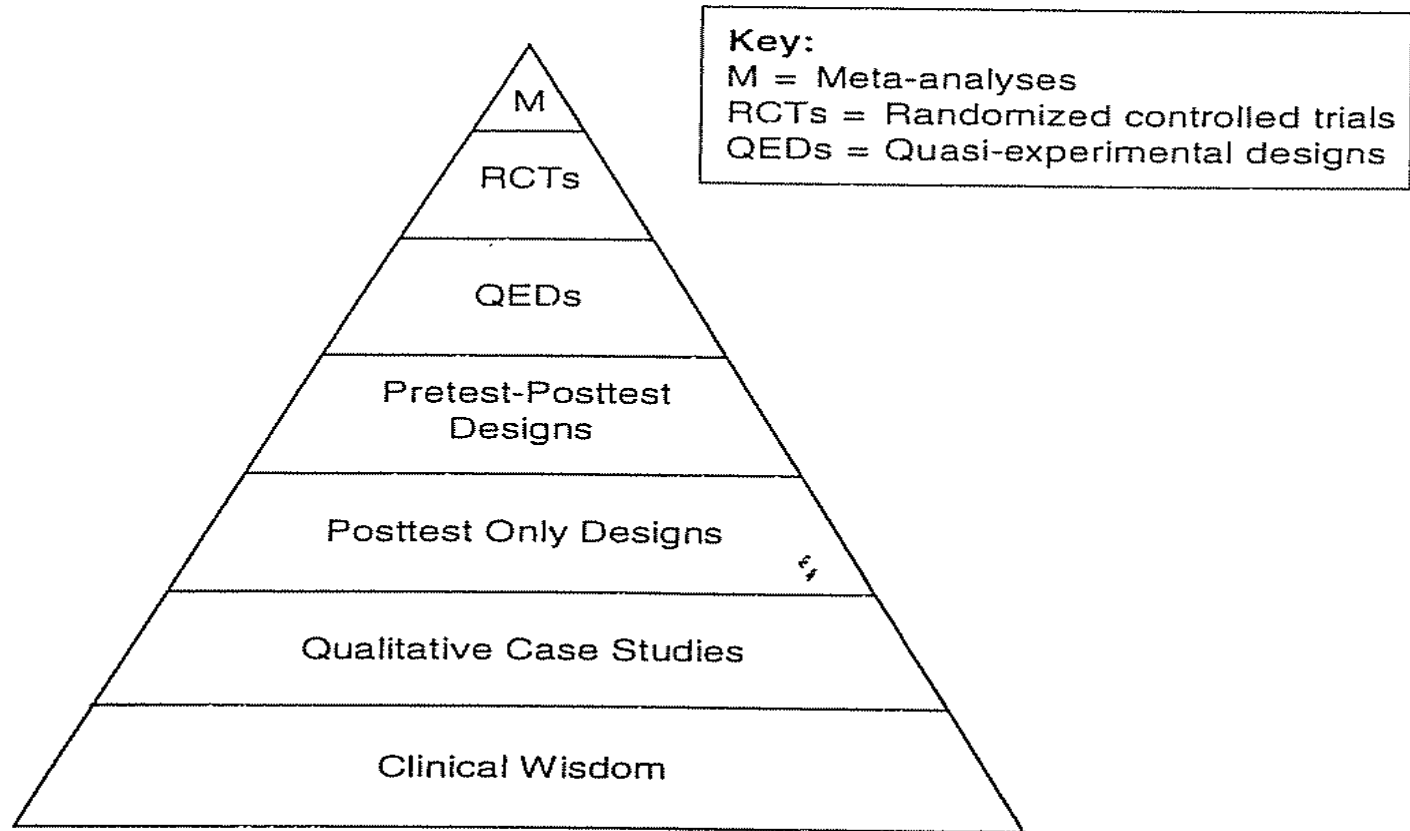


FIGURE 2.4 Hierarchy of scientific evidence.

Adaptation and Application

- Cultural sensitivity
- Clinical practice wisdom

Outcome Evaluation

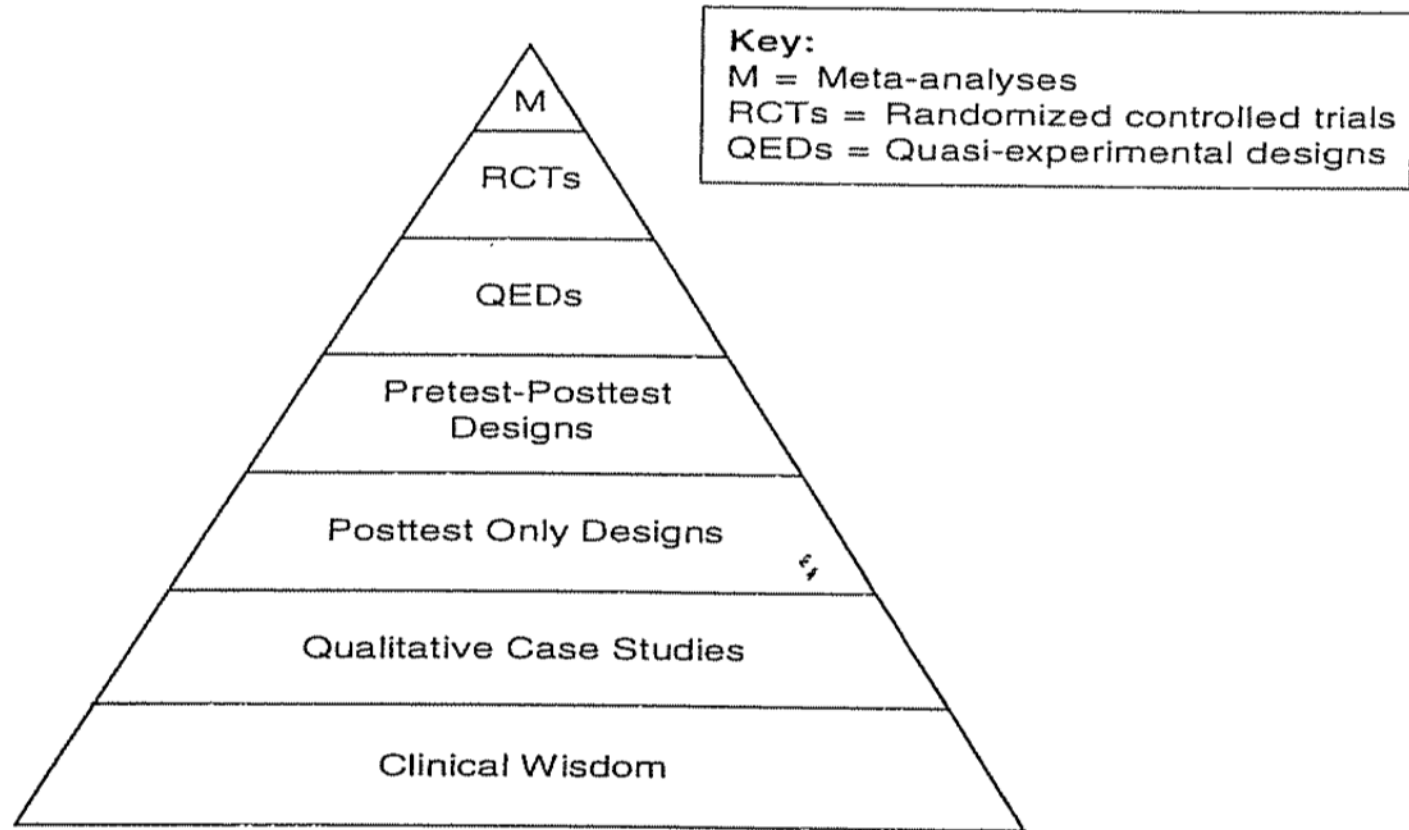


FIGURE 2.4 Hierarchy of scientific evidence.

Use of Standardised Measurements

第六部份 自信心程度

請細讀以下的十句，並就你個人的情況，圈出你同意或不同意的程度。

	非常 不同意	不同意	同意	非常 同意
1. 我認為自己是個有價值的人，至少與別人不相上下。	1	2	3	4
2. 我覺得我有許多優點。	1	2	3	4
3. 總括來說，我傾向於認為自己是一個失敗者。	1	2	3	4
4. 我做事可以做得和大多數人一樣好。	1	2	3	4
5. 我覺得自己沒有甚麼值得自豪的地方。	1	2	3	4
6. 我對自己持有一種肯定的態度。	1	2	3	4
7. 整體而言，我對自己感到滿意。	1	2	3	4
8. 我要是能更看得起自己就好了。	1	2	3	4
9. 有時我的確感到自己很沒用。	1	2	3	4
10. 有時我認為自己一無是處。	1	2	3	4

What is Evidence-based Practice (EBP)?

‘Evidence-based social care is the **conscientious**, **explicit** and **judicious** use of current best evidence in making decisions regarding the welfare of those in need of social services’ (Sheldon and Chilvers, 2000: 5).

Sheldon, B. and Chilvers, R. (2000) *Evidence-based Social Care*, Lyme Regis: Russell House Publishing.