



香港青少年服務處
HONG KONG CHILDREN & YOUTH SERVICES

錫晒你大行動

青少年外展性教育義工



香港青少年服務處
星鳥計劃



關懷愛滋 合辦

流程

- 服務內容簡介
- 跨專業的成效
- 播種・收成
- 如何滿足現時青少年的需要

成形期：計劃簡介會

- 互相認識
- 了解自己對「性」的價值觀
- 了解對錫晒你大行動期望



激發期：義工訓練營

- 設計安全套名牌
 - 與安全套成為朋友
- 試戴安全套
 - 認識安全套的正確使用方法





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激發期：義工訓練營

■ 團體合作、解難方法



裝備期：工作坊

了解自己對性有關議題的看法

■ 例如：同性戀、婚前性行為等



裝備期：工作坊

- 認識性與法律的知識
- 對性教育教材套的了解
- 對服務對象的印象





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關懷愛滋 合辦

實踐期：地區實踐

- 粉嶺、上水
 - 大埔
 - 落馬洲
 - 旺角
- (AK 公園、洗衣街公園)



實踐期：錫晒你大行動

■ 戲名：愛與慾之間

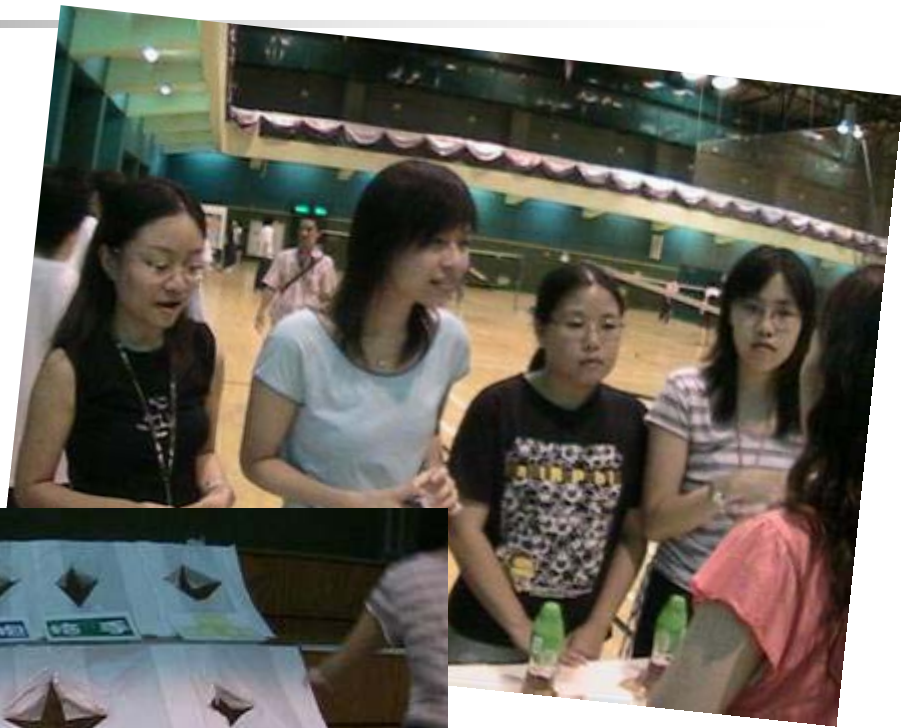


■ 小小調查



實踐期：社區活動

■ 青年天空： 深宵室內體育館活動



檢討及進階期：深化活動

- 愛滋病患者分享
- 世界愛滋病日
- Condom Packing
- 香港電台、南華早報訪問



跨專業合作互補

■ 理念相同

- 與年輕人建立朋輩式關係
- 了解年輕人對性教育的需求
- 認為青年服務供應者亦應負起性教育的責任
- 認為性教育不只限於課堂之內，亦可透過外展形式切實回應青年人的需要。





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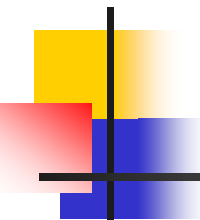


關懷愛滋 合辦

跨專業合作互補

- 合作與互補
 - 一同參與活動策劃及推行
 - 合作關係不只限於服務供與求
 - 其他日常合作，更能有效維持合作、建立互信。
 - 給予義工不同領域的學習、發展平臺。



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- 要互相建立信任，還需要...

溝通：

- 計劃開始前，過程中，以及計劃後會進行多次的會議，進行檢討，尋求改進空間。
- 了解彼此的需要，互相作出配合、協調。

尊重：

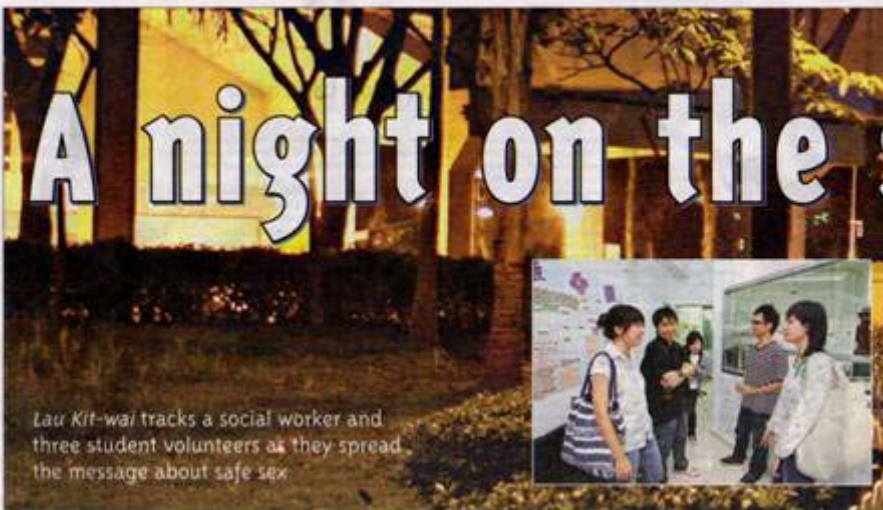
- 彼此尊業範疇
- 不同的機構文化

義工分享

以前對「性」只是：

- 「咸濕笑話」，
- 男仔的話題，
- 細聲講大聲笑，
- 不能公開的話題

6 FEATURE
Wednesday May 16 2007



It may be dark but it's the start of the working day for social worker Choi Wai-leuk. He began work an hour ago and is waiting for the student volunteers to arrive at the Hong Kong Children & Youth Services centre at Fu Heng Estate, Tai Po.

"It's difficult to get together with friends when you work such unusual hours. My colleagues are my friends," says Mr Choi, 28, who has worked as an outreach worker for over five years.

The student volunteers - Gloria Lai Kwok-yi, Emily Tsoi Mei-yip and Billy Yuen Chi-pang - arrive shortly. Tonight they will visit two areas with Mr Choi first,

a recreation area near Landmark North, a major shopping mall in Sheung Shui, and then Wah Ming Estate, a public housing estate in Fanling.

"Young people in Sheung Shui tend to be more active than those in Fanling. Sheung Shui seems ride their bicycles or play portable video games together on the streets as a way to maintain friendships.

"Young people in Fanling tend to be more modest. They convey a sense of being in a neighbourhood, wearing shorts and slippers when they hang out on the streets," says Mr Choi.

At 8pm, they arrive at their first stop. Mr Choi instructs

the student volunteers to approach three teenage girls who are sitting on a bench.

The girls, who studied at the same secondary school and were close friends, went their separate ways after Form Five. Tonight they are having a reunion.

It takes the students only a couple of minutes to make the girls feel comfortable speaking to them.

Then Mr Tsoi takes out a banana - representing the male sexual organ - and Mr Yuen a condom to perform a demonstration.

The girls are slightly embarrassed, but they listen attentively.

"Many girls say condoms are more of their business as it's the boys who wear them. But what if he wears it the wrong way? The girl could remind him if she knows how," says Ms Lai.

The volunteer recalls an incident in Mong Kok when she talked to two young girls.

"At first we were just joking with each other but after a while they started asking me questions such as where was a safe place to go for an abortion. They were in fact very worried about getting pregnant," says Ms Lai.



their situation with them and I listed the pros and cons of having or not having a baby. I was worried afterwards but I knew it was them who in the end have to make the final decision."

After the demonstration, Mr Choi approaches the girls, and asks for their names and main contacts.

Building a network among teenagers in the community is a crucial part of his job.

A young man on a skateboard glides past, so the volunteers turn their attention on him. Ah Chung, 18, says he usually hangs out in the area with friends at night.

Mr Choi and the volunteers have known him

for some time so they chat like old friends. Ah Chung says he went for an interview for a job at a Starbucks outlet in Lo Wu in the morning and would probably start working next week. He adds that he feels very tired.

"Where do you feel tired?" Mr Choi puts Ah Chung's chest, "Here!"

Meanwhile, another young man known as Fat Bull, 17, comes by.

Fat Bull has just finished work at a restaurant. He needs to be back at work the next morning but he shows no sign of heading home to sleep.

He hands Ah Chung a cigarette and the two sit there smoking and talking.

Mr Choi says many young





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義工分享

之後：

- 對性的改觀（正常，每個人都面對）
- 實戰機會：到診心理困難、落區態度及技巧
- 義工個人成長
 - 引發認識性教育更多（性病，性別角色，約會戀愛）
 - 學習跟性有關的課程，如：性別研究，性別與社會，如何推行性教育．．．
 - 實習：家長性教育講座（接觸層面推廣至青少年家長，進一步培養家長成為性教育工作者，推行家長性教育的工作）



青少年的需要

- 性作為話題
大行動：容易產生共鳴
- 神話・流言到處飛
大行動：正確的性知識
- 引伸潛在的需要
大行動：兩性關係、性別角色

