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Cindy is a specialist in Family Medicine, Fellow of the Hong Kong Academy of Medicine (Family Medicine), Fellow of the Royal College of General Practitioners. She is Honorary Fellow and Chief Censor of the Hong Kong College of Family Physicians. She advocates working with families in health care and promotes multidisciplinary care. Her main research areas are health-related quality of life and health services in primary care. She has published 200 international peer-reviewed journal articles and book chapters.