## Ms Alvina Chan, Founder, Alvina Cookery and CookConnect

Former Investment Banker Alvina Chan is a professional chef and first-honour graduate from France's Le Cordon Bleu culinary school. In 2009, she founded Alvina Cookery to promote healthy cooking as an expression of love and care. After her participation of Rich Mate Poor Mate (窮富翁大作戰), she also founded CookConnect, using her culinary skills to address social issues: surplus food redistribution, nutrition for less privileged children, healthy cooking on a tight budget. Alvina is also an author, columnist and TVB culinary show host.